

MCS Foundation



SOCIAL IMPACT REPORT
2025 - 2026

VISION AND COMMITMENT

At the MCS Foundation, our commitment to Puerto Rico is based on a clear reality – a growing number of seniors need support that transcends medical care. Nutrition, economic stability, companionship, and access to essential resources also determine their health and quality of life.

That's why we're focusing our mission on addressing the health-related social needs that affect this population. Through programs, community partnerships and social investment, we're bringing resources to those who need them the most, while strengthening initiatives that respond to concrete realities.

Our impact model is built on collaboration. Donors, community organizations, volunteers, and MCS make it possible for every resource to reflect dignity, companionship and well-being.

Our commitment is to continue responding to the needs of Puerto Rico's elderly, and to promote initiatives that allow them to live with greater wellness, security and quality of life. Behind every effort of the MCS Foundation is our purpose to accompany them, protect their dignity, and help them live this stage of life with the care and support they deserve.

Wellness is built by being close to people. It's built when we listen to a need, connect people with the right resources, and bring together those who can make a difference.

During this period, we strengthened a support network that responds to the real needs of the elderly, along with the communities that support them. Each program and alliance allows us to reach out with food, education, companionship, support for caregivers, and other resources that provide wellness.

None of this happens in isolation. The trust of our donors, the commitment of our allies, and the service from our volunteers turn contributions into concrete actions.

That's the impact we want to continue multiplying – listening better, connecting more resources, and building, and together with our communities, creating solutions that last.



Carolyn Rodríguez
MCS Foundation
Board Chairwoman



Kashmira Pimentel
Executive Director
MCS Foundation

OUR REASON FOR BEING

24.6%

Approximately 789,500 people in Puerto Rico are age 65 or older.*



“Behind each of those numbers is a person, a story, and a need that deserves a response.”

MISSION

To improve the lives and well-being of the communities we serve through initiatives that address poverty and the social needs linked to the health of our elderly population.

VISION

To be leaders in philanthropy and social responsibility, supporting the well-being and health of communities in Puerto Rico.

VALUES

Trust

We build lasting relationships with the entities we support, the communities we serve, and our donors, respecting their goals and achieving the results they expect.

Responsibility

We serve as an example and encourage others to participate in philanthropic efforts.

Empowerment

We inspire and empower others to create solutions, take action, and be accountable to improve the communities we serve.

OUR PILLARS



POVERTY

We invest in initiatives that reduce social disparities and address essential needs.



NUTRITION

We promote solutions that strengthen food security and help prevent malnutrition.



COMPANIONSHIP

We connect seniors with support, education and resources that strengthen their wellness and reduce isolation.

**Three Pillars. The same purpose:
to improve the quality of life for the elderly in Puerto Rico.**



A NEED RARELY COMES ALONE

Food insecurity, isolation, limited access to healthcare services, and economic hardship can all overlap in the life of the same person. That's why our response does not start from a single need. It starts from listening to the entire reality.



Food Insecurity



Isolation



**Limited Access
to Healthcare
Services**



**Economic
Hardship**

This is how we respond

This process guides our social investment: we identify needs, add capabilities, and support solutions that community organizations can bring directly to the people.



FROM PILLARS TO ACTION

We turn our pillars into action through programs and partnerships that directly respond to the needs of the elderly and the communities that support them.

Areas of Intervention



Emotional Wellness

Centro Inés / Oldies
Clan • Corporación
Teatro Latino • Reborn
Family Center



Caregiver Support

Asociación de Alzheimer
de Puerto Rico • Casa
KAI • Fundación Hospital
Pediátrico • San Juan
Bautista School of
Medicine • Universidad
Central del Caribe



Food Security and Basic Needs

Banco de Alimentos de
Puerto Rico • Centro
Madre Teresa de Calcuta
• COASI • El Comedor
de la Kennedy



Community Development

Acción Social de Puerto
Rico • Centros Sor
Isolina Ferré • Fundación
CCPA • Rehaciendo
Comunidades con
Esperanza



Community Health and Wellness

CARAS con Causa •
Cruz Roja Americana
• Grupo Guayacán •
Instituto Psicopedagógico
de Puerto Rico • SER de
Puerto Rico • Servicios
Legales de Puerto Rico
• Unidad de Control de
Vectores de Puerto Rico

LIFE-CHANGING PROGRAMS

Community Assistance Projects

Support community needs through direct assistance initiatives.

2025: 10,000+ lives impacted; 6,900+ essential items distributed; 5,891+ food purchases distributed.

2026: 30 additional municipalities impacted through 3 CBOs (Community Based Organizations) and 2 community projects.



Continuity Programs

Strengthens partnerships that promote community health and wellness.

2025: 8 active programs; around 8,000 people impacted.

2026: 17 active programs with 17 CBOs.



Ruta Club Te Paga

Mobilizes community initiatives and impact opportunities.

2025: 16 initiatives executed; 1,000+ people impacted.

2026: 5 initiatives projected; approximately 8 participating CBOs.



FROM PILLARS TO ACTION

Addressing Health Related Social Needs (HRSNs) can strengthen well-being for seniors. Nutrition, social connections, and access to resources and services are all part of the conditions that influence their health and quality of life.^{1,2}

NUTRITION ► HEALTH

Malnutrition increases the risk of hospital readmissions for seniors. A meta-analysis of seven studies involving 19,340 patients age 65 and older found that malnutrition was associated with a 73% increased risk of rehospitalization within the first 30 days.²



COMPANIONSHIP ► WELL-BEING

Social connections also protect health. Among older adults, loneliness and social isolation are associated with an increased risk of heart disease, depression, cognitive decline, dementia and death.¹



SOCIAL SUPPORT ► QUALITY OF LIFE

Maintaining meaningful social connections contributes to wellness during aging. Research associates greater social connections with better physical and psychological wellness, while isolation and loneliness are linked to poorer health outcomes.¹



Impact Case: Lonchera Dorada

Nutrition can also make a difference after hospitalization.

Through **Lonchera Dorada**, in partnership with Banco de Alimentos de Puerto Rico, we support seniors who face food insecurity after hospital discharge. **The program reports a hospital readmission rate of just 1%, compared with an average of 14% to 16% used as a baseline.**³ This result reflects the value of addressing nutrition as an integral part of seniors' well-being and recovery.

1% reported hospital readmission rate among Lonchera Dorada participants.³

vs

14% - 16% of the reported average baseline³

Through Lonchera Dorada, the MCS Foundation and Banco de Alimentos de Puerto Rico help address food insecurity among seniors after hospital discharge, a critical stage in which adequate nutrition can support recovery.

1. National Institute on Aging. Loneliness and Social Isolation — Tips for Staying Connected. National Institutes of Health. (https://www.nia.nih.gov/health/loneliness-and-social-isolation/loneliness-and-social-isolation-tips-staying-connected?utm_source=chatgpt.com)

2. Fathurahman, M. et al. (2024). The risk of rehospitalization within 30 days of discharge in older adults with malnutrition: A meta-analysis. Archives of Gerontology and Geriatrics, 117, 105220. PMID: 38071901. (https://pubmed.ncbi.nlm.nih.gov/38071901/?utm_source=chatgpt.com)

3. Según data provista por los hospitales participantes a la Asociación de Hospitales de Puerto Rico hasta el 31 de julio de 2026.

OUR IMPACT IN NUMBERS

Cumulative Impact

\$9.2 Million

Accumulated Funds Distributed

100,000+

Lives Impacted Throughout Our History

Reported Results for 2024–2025

10,000+



lives impacted

6,900+



items distributed

5,891+



purchases and food distributed

831



caregivers trained

3,400+



seniors impacted in homes

7,000+



hours of service, education,
motivation and accompaniment

FROM PILLARS TO ACTION 2025-2026

\$1,507,984

in community impact

30 municipalities **23** organizations

21 programs **5** programs for caregivers

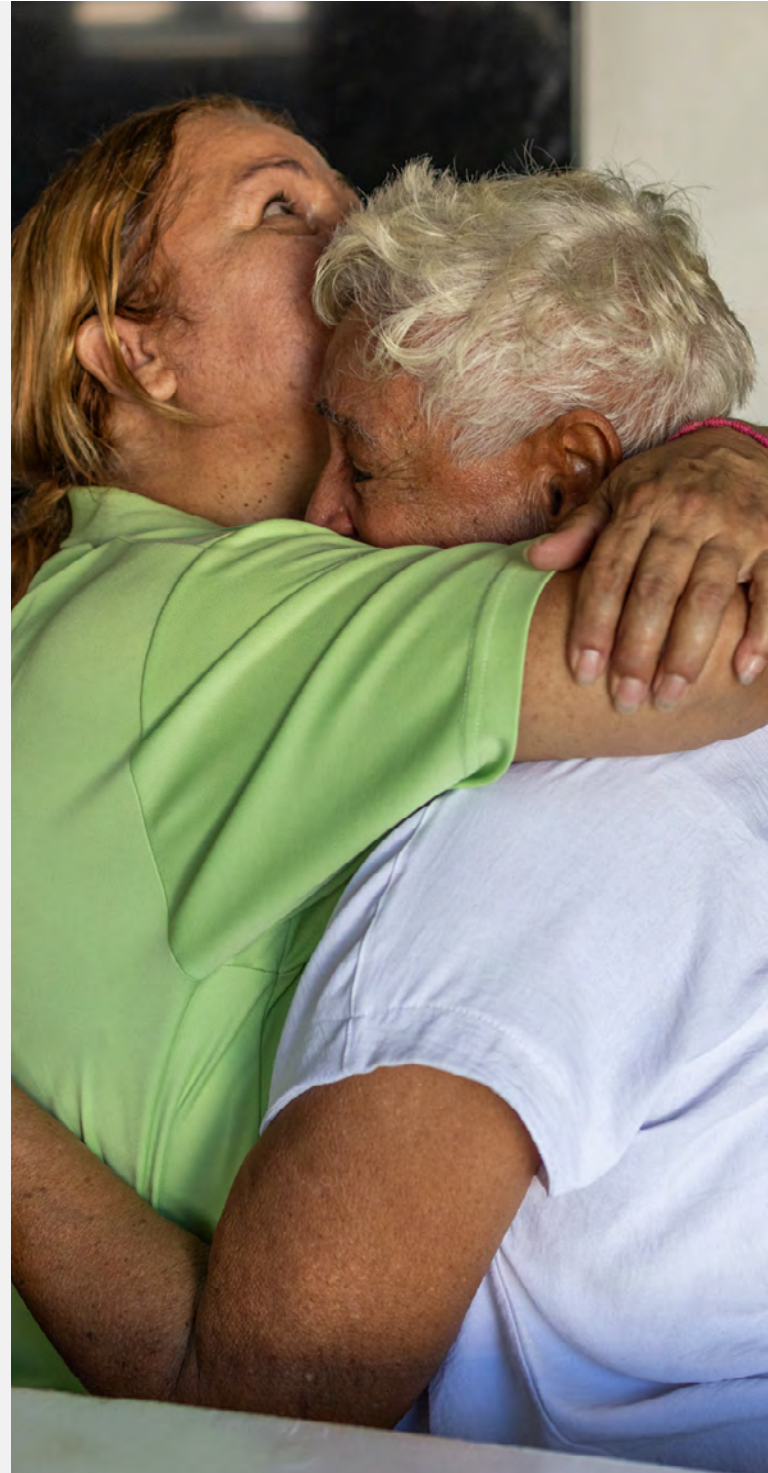
THOUSANDS OF LIVES IMPACTED



A NETWORK THAT MULTIPLIES IMPACT

Our impact grows when we connect resources, knowledge and service capacity. Community-based organizations are closely connected to the needs of their populations, and the MCS Foundation helps mobilize investments, partnerships and visibility to expand their reach.

MCS's support strengthens this ability to go further through its infrastructure, employees, provider network and service centers.



BEHIND EACH NUMBER IS A PERSON

The MCS Foundation's impact is reflected in the voices of those who work closely with the communities we serve. Through their leadership and commitment, partner organizations have witnessed how access to essential resources, companionship, and nutritional support contribute to improving the quality of life for hundreds of seniors and their families. Their testimonies highlight the value of collaboration and the transformative effect of bringing help where it's needed the most.

Jessica Calderón

Acción Social de Puerto Rico

"For us at Acción Social de Puerto Rico, serving our communities means reaching those who need us the most. On a daily basis, we encounter seniors and families who face difficulties in meeting their basic needs. Thanks to the support of the MCS Foundation, we've managed to impact nearly 900 families in 15 municipalities by delivering medical equipment and essential items. This support has improved the quality of life for many people, and provided them with greater wellness and hope."

Rvda. Inés Jiménez

Founder, Centro Inés

"In Centro Inés, we see how companionship and support transform lives. Our program provides a space where people can share, participate and feel accompanied. Many times, loneliness can profoundly affect emotional wellness. But when opportunities to connect with others are created, a new stage full of purpose and hope begins."

Mariny Vázquez

Director, Centro Madre Teresa de Calcuta, Inc.

"At Centro Madre Teresa de Calcuta, we serve needs that go beyond food. Many of the people who come to us face hunger, loneliness and complex health problems. Thanks to the support of the MCS Foundation, we've been able to deliver more than 700 plates of food and visit around 200 homes each week. This effort allows us to accompany our community and bring hope to those who need it the most."



SERVICE ALSO TRANSFORMS THOSE WHO SERVE

Mindful Community Service connects MCS employees to the communities the Foundation serves. Community service allows impacts to be experienced firsthand, and strengthens a culture of service tied to purpose.



Mariet Ramos Pérez

MCS Community Outreach Technician

"Participating in this volunteering was a very rewarding experience. Preparing the food boxes and then being able to deliver them allowed me to feel that I was doing my part to help others. I'm left with the satisfaction of having spent my time and effort in a cause that really makes a difference."

Jackeline Bonilla Cepeda

MCS Claims Analyst II

"For me, participating in community work is an opportunity to contribute, help others, and leave a positive mark. I feel grateful to be able to be part of this initiative with my co-workers."



Noelia Del Valle Colón

MCS Stars Customer Service

Center Representative

"During the experience, I was completely immersed in serving others. This community service opportunity was truly amazing."



Doris Cátala Cepeda

MCS Pharmacy Programs Lead

"I loved the opportunity to serve at the shelter. It was a very special experience in which I was able to spend time with the staff, collaborate in the service, clean, and above all, give some love to the puppies and kittens."

GOVERNANCE AND RESPONSIBLE RESOURCE MANAGEMENT

Responsible Resource Management

We manage every contribution with accountability, transparency and a focus on impact. We're committed to effectively mobilizing resources to strengthen community-based organizations and expand the support that reaches the people and communities we serve.

How We Do It

Our impact is made possible by a chain of generosity that starts with those who believe in our mission, is strengthened by our fundraising efforts, and multiplied by MCS's matching funds program. Here's how each contribution is transformed, step by step:



Our donors and partners make our impact possible

The commitment of our donors, business partners, sponsors and suppliers strengthens the MCS Foundation's ability to take its mission further. Together, we mobilize resources for initiatives that respond to genuine needs in Puerto Rico. Thank You to Our Sponsors and Partners.

Transform lives with your Cariño 2025-2026

DIAMOND



EMERALD



PLATINUM



GOLD



SILVER

Alivia Specialty, LLC
Assertus Holdings, LLC
Atlantis Healthcare Group
Puerto Rico, Inc.
Careexpand, LLC
Doctor House, Inc.

Evertec, Inc.
FARO, LLC
Facilidades Médicas Asociadas Corp, IPA 988
Milliman, Inc.
Nagnoi, LLC

O'Neill & Borges, LLC
PGA Tour Puerto Rico Open
Primary Physicians Medical Service, LLC, IPA 903
Sapphire Care Management, LLC
Special Care Pharmacy Services, LLC

BRONZE

Capitol Hill Consulting Group, LLC
CGF Insurance, LLC
De La Cruz & Associates, Inc.
Ethos Technologies, Inc.
GSN Medical, Inc.
Health Management Services, Inc, IPA 977

HERA Printing Corp.
IT Resources Innovation, LCC
Iterum Connections
MPulse Mobile, Inc.
Qinetix Group Management, LLC
Relisc Corporation

Roberto Pando Cintrón
The Cervantes Group, Inc.
UnitedHealthCare Services Inc.
Winnet Connections, Inc.

Board of Directors

The Board of Directors provides strategic direction, oversight and commitment to institutional accountability and transparency.



Jim O'Drobinak

Founder and
Board Member



**Carolyn Rodríguez
Rivera, R.PH Pharm D.**

Board Chairwoman,



Roberto Pando Cintrón

Former Board Chairperson
and Board Member



Mónica Fernós Sagebien

Treasurer and Board Member



Gilberto Negrón Rivera

Secretary



**Ricardo Martínez
Cimadevilla**

Board Member



Kashmira Pimentel

MCS Foundation
Executive Director



Vivian Figueroa

MCS Foundation
Programs Director

A LEGACY WE BUILT TOGETHER

Each campaign has expanded our reach, strengthened organizations, and created new opportunities for communities in Puerto Rico. Throughout our history, we've distributed approximately \$9.2 million with the same purpose – to transform lives with cariño.

GREEN FOR PR	2017–18	\$1,232,988
A MILLION REASONS TO BELIEVE I	2018–19	\$1,193,000
A MILLION REASONS TO BELIEVE II	2019–20	\$653,000
HÉROES DE LA SALUD	2020	\$365,866
UN LLAMADO POR NUESTRA GENTE EN NECESIDAD	2020–21	\$799,000
INICIATIVAS DE MCS FOUNDATION	2021–22	\$223,105
LA LUCHA	2021–22	\$494,978
PR SALUDABLE	2022–23	\$959,276
MULTIPLICA EL CARÍÑO	2023–24	\$651,305
CON TU CARÍÑO HACEMOS EL DOBLE	2024–25	\$1,118,500
TRANSFORMA VIDAS CON TU CARÍÑO	2025–26	\$1,507,984

FOR 2027

Our focus remains clear:

- Close gaps that affect the health and well-being of our seniors.
- Combat loneliness and strengthen support networks.
- Expand food security and bring resources closer to the most vulnerable communities.
- Strengthen support for caregivers and alliances that sustain the well-being of our seniors.

Let's continue transforming lives with cariño!

Each contribution strengthens a network of people and organizations that work every day for Puerto Rico's well-being. Thank you for walking alongside the MCS Foundation and making it possible for more seniors to receive the support, companionship and resources they need.





Join the CHAIN OF CARIÑO

At the MCS Foundation, we believe that caring for our seniors means caring for our communities.

That is why we support programs that seek to eradicate poverty, provide companionship, and help them achieve better nutrition.

With your contribution, you become a link that extends and strengthens this Chain of Cariño. **MCS multiplies your generosity by matching every dollar you donate.**

Because their well-being is also the well-being of Puerto Rico.



MCS Foundation

mcs-foundation.org

[f](#) [X](#) [in](#) [ig](#) [yt](#) @MCSHealthCares

MCS Foundation

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the following methods:



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